



Sentiero Grigne - Trofeo Scaccabarozzi

Sunday, September 19, 2010

Regulations

GSA Missaglia in collaboration with local Institutes and Associations will organise the Sentiero delle Grigne – Trofeo Scaccabarozzi, an international skyrunning race.

The race will be held on Sunday, September 19, 2010, starting at 7.30 am from Pasturo (650m altitude) on a 43 km course with approximately 3,200m vertical ascent and descent.

Athletes aged 18 and over may participate and must be in possession of a valid medical certificate stating they are fit to compete in high altitude endurance sports and they must also hold a Skyrunning Membership Card or corresponding recognised federation. See www.skyrunning.com SkyRules, section 6 for full SkyMarathon® regulations.

The race is held on mountain trails with demanding ascents and descents, including fixed ropes or chains (ferrate) on some stretches, exposed ledges, steep rocky slopes, instable scree and grass fields. A high level of physical training is required together with maximum vigilance.

The entire course is marked with specific signage, flags and tape.

Check points will be posted at every hut and at critical points along the course.

Three time-limit zones will be operating: the first at the junction of the Cecilia path and the Cresta Cermenati: 3.5h (2,500m), the second at the Bogani Hut (1,822m), 6.15h and the third at the Pialeral Hut (1,320m), 8.5h, where competitors who do not meet the time limit will be turned back. The maximum time allowed to finish the race is 11 hours. In the event of retirement a race marshal at any check point must be informed and the race number displayed.

It's compulsory to follow the signage otherwise penalties may be applied. The race number must be visible at all times during the competition. Penalties of five to ten minutes will be applied to competitors who throw cups, bottles etc outside the aid stations at the huts and also to those who don't respect the safety regulations and/or indications given by course marshals. For safety reasons, no outside assistance is admitted outside the checkpoints, at the risk of disqualification.

In case of bad weather the competition will be held on an alternative course. In severe weather conditions the organisers may decide to suspend the race. In this case the results will be based on the time through

the last check point.

Prizes will be halved accordingly.

The organisers reserve the right to temporarily suspend or close the race for all, or some of the competitors if conditions compromise competitors' safety, or that of other people present on the course (ie due to rescue operations, rock fall) etc.

Every competitor must arrive at the start wearing tights or shorts, short-sleeved T-shirt, windproof vest, trail running shoes. A long-sleeved windproof jacket is advised as well as a cyclist's helmet.

Entry

All documentation must reach us by fax: 0039 039-598-7981, via post or email at info@gsamissaglia.it on the relevant signed entry form and a photocopy or scan of the Medical Certificate together with a photocopy or scan of the payment. Skyrunning Membership (or recognised Federation membership) is compulsory. The [Skyrunning Membership](#) card may be obtained online at www.skyrunning.com or bought at the race office for € 10.

Saturday, September 18 from 13.30 to 18.00 race packs can be collected at the Pasturo Elementary School on presentation of an id.

A briefing, compulsory for all competitors, will be held at 18.30 in Piazza XXV Aprile, where detailed information on the course will be illustrated together with rules and any variations regarding the event.

Any claims should be presented to the Jury after the results have been posted, together with a fee of € 50 which will be refunded only on acceptance of the claim and in any case, not after 18.30, September 19.

Entry covers course assistance, eight aid stations (at the Soldanella, Rosalba, Elisa, Bietti, Bogani, Brioschi, Pialeral, Riva huts), showers and race pack.

In case of necessity, a helicopter rescue service will be supplied by the organisers together with the support of the 118 emergency service. The organisers reserve the right to limit the number of competitors to guarantee a safe event. ISF rules will prevail in the event of dispute or for any rules not specified herein (see www.skyrunning.com SkyRules)

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Link to official website www.gsamissaglia.it

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