



2010-2011 ISF Trail Shoe Selection

ISF Trail Shoe Selection	2010-2011	Size 9	Sports / Races		
			Weight	Trail-Training	VK-SkyRace
adidas	Adistar Raven	320g		X	
adidas	RIOT 3 M	350g	X		X
adidas	Response Trail	365g	****	***	****
Asics	Gel Enduro	326g	****	****	****
Brooks	Adrenaline	330g	X		X
Garmon	Escape	360g			X
Innov-8	X-Talon 212	212g		****	
Innov-8	Orcon*	280g		X	
La Sportiva	Crossover* GTX	350g	****		***
La Sportiva	Cross lite	290g	***	****	***
La Sportiva	Raptor	325g	***	***	****
Lafuma	Moon race	360g	***	***	***
Merrel	Moab GTX	380g	***		
Mizuno	Wave Cabrakan	370g	X		X
Montrail	Fair haven	310g	X		X
Montrail	Masochist GTX	323g	***	***	***
New Balance	NB 910	379g	****	***	****
New Balance	MT813	350g		X	
Nike	Air Pegasus tr	350g	****	***	***
Salewa	Viper-cushion	380g	X		
Saucony	Progrid Razor	390g	X		X
Scott	Atzec Pro	340g	X		X
Salomon	Speed Cross 3	320g		****	
Salomon	S-LAB XT Wings	330g	****	***	****
Tecnica	Diablo max	360g	X		X
The North Face	Ultra 105 GTX	420g	X		X

(*) spikes/snow trail

Tested/Rating:

*** good

**** very good

***** excellent



Marca	Modello	Peso	Gara	Allenamento	Consigliato
adidas	Supernova TR 5	365g	****	****	✓
adidas	Response TR 14	336g	****	****	
Asics	Gel Trabucco WR	389g	***	****	
Brooks	Cascadia TR	390g	***	****	
La Sportiva	Fireblade	370g	****	****	
Merrel	Overdrive	340g	***	****	
Mizuno	Wave Ascend	327g	***	***	
New Balance	MR 873	344g	****	****	✓
New Balance	MT 1110 GO	369g	***	****	
Nike	Pegasus TR	386g	***	****	
Salomon	Pro 3D	383g	***	****	
Saucony	Grid Labynith	370g	***	****	
Scott	Alpha Raptor	344g	****	***	
The North Face	Fire Road	325g	***	****	

Indice: *consigliato / *** buono / **** molto buono / ***** ottimo

Peso: Uomo mis 9 USA, Dona mis 5 USA (ITA 42 e 37)

Aggiornato primavera 2008

Commissione Tecnica FSA

Info: www.shoesontheweb.com/Shoes/