

## FSA-ISF recognised altitude ascent and descent world records over 2,000m altitude

(ISF/FSA organisation and certification in bold)

<b>Ascent Records</b>	<b>Location</b>	<b>Country</b>	<b>Altitude</b>	<b>Distance</b>	<b>Vertical</b>	<b>Time A/R</b>	<b>Ascent M</b>	<b>Year</b>	<b>Holder</b>	<b>Nation</b>
<b>Vertical Kilometer® M</b>	Val d'Isère	France	2900m	3km	1000m	1702m/h	34'51'	2002	Marco De Gasperi	ITA
<b>Vertical Kilometer ° F</b>	Canazei	Italy	2407m	2,1 km	1000m	1530 m/h	39"13	2008	Antonella Confortola	ITA
<b>Vertical Kilometer® M</b>	Canazei	Italy	2407m	2,1 km	1000m	1807m/h	33'16"	2010	Urban Zemmer	ITA
<b>24 Hour Ascent - FSA race</b>	Val d'Isère	France	1800/2500		17575m	23h55'		2001	Adriano Greco	ITA
24 Hour Ascent - individual	Passo Tonale	Italy	1800/2500		17675m	23h33'		2009	Andrea Daprai	ITA
<b>Aconcagua</b>	Plaza Mulas	Argentina	6959m	nd	2800m	5h57'00"	3h40'20"	1999	B Brunod - F Meraldi – J Pellissier	ITA
<b>Kilimanjaro</b>	Marangu	Tanzania	5962m	80km	4000m	8h34'52"	5h38'00"	2001	Bruno Brunod	ITA
Kilimanjaro	Marangu	Tanzania	5962m	80km	4000m	9h38'00"	5h24'00"	2009	Andrey Puchinin	KAZ
<b>Castle Peak</b>	Aspen	USA	4037m	42km	2000m	3h23'10"	1h50'00"	1994	Matt Carpenter	USA
<b>Everest SkyMarathon</b>	Tingri	Tibet	4400m	42km	150m	2h 52' 57"		1998	Matt Carpenter	USA
<b>Iztaccihuatl</b>	Paso Cortes	Mexico	5210m	33km	1550m	2h50'44"	1h55'00"	1998	Ricardo Mejia	MEX
<b>Mount Kinabalu</b>	Sabah	Malaysia	4095m	17.8km	2205m	2h33'56"	1h35'29"	2010	Marco De Gasperi	ITA
<b>Mount Elbert</b>	Independence Pass	USA	4399m	20km	1500m	1h54'48"		1996	Bruno Brunod	ITA
<b>Mount Kenya</b>	Sirimon Gate	Kenya	4985m	42km	2440m	5h03'22"	3h29'00"	1995	Fabio Meraldi	ITA
<b>Pikes Peak</b>	Manitou Springs	USA	4301m	40km	2200m	3h16'39"	2h01'06"	1993	Matt Carpenter	USA
<b>Popocateptl</b>	Paso Cortes	Mexico	5441m	20km	1800m	3h30'00"		1990	Victor Pani	MEX
<b>Pumori</b>	Lobuche	Nepal	7200m	nd	3000m	14h	9h	1989	Marino Giacometti	ITA
<b>Shisha Pagma</b>	Adv Camp	Tibet	8013m	nd	2600m	15h	12h01'00"	1995	Ollè, Meraldi	ESP/ITA
<b>Tao La</b>	Tao La	Tibet	5200m	42 km	50m	2h52'57"		1998	Matt Carpenter	USA
<b>Alps 4,000m Records</b>	<b>Location</b>	<b>Country</b>	<b>Altitude</b>	<b>Distance</b>	<b>Vertical</b>	<b>Time m</b>	<b>Ascent m</b>	<b>Year</b>	<b>Holder</b>	<b>Nation</b>
<b>Breithorn</b>	Cervinia	Italy	4165m	27km	2160m	2h26'14"	1h48'18"	1996	Jean Pellissier	ITA
<b>Matterhorn</b>	Cervinia	Italy	4478m	12km	2478m	3h14'44"	2h10'00"	1995	Brunod Brunod	ITA
<b>Gran Paradiso</b>	Pont	Italy	4061m	16km	2100m	2h'01'36"	1h43'22"	1995	Ettore Champretavy	ITA
<b>Monte Blanc</b>	Courmayeur	Italy	4810m	52km	3800m	6h45'24"	3h28'36"	1995	Fabio Meraldi	ITA
<b>Mont Blanc</b>	Chamonix	France	4810m	30km	3800m	5h12'	4h7'	2003	S Brosse P Gignoux	FRA
<b>Mont Blanc - solo</b>	Genoa	Italy	5500m	320km	5200m		23h'00'00"	1997	Marino Giacometti	ITA
Mont Blanc - bike team	Genoa	Italy	5500m	320km	5200m		18h'50'00"	2008	Andrea Daprai	ITA
<b>Monte Rosa</b>	Alagna	Italy	4559m	29km	3400m	4h24'27"	3h14'00"	1994	Fabio Meraldi	ITA
<b>Monte Rosa - bike team</b>	Genoa	Italy	4559m	250 km	4900m		16h45'00"	1994	Marino Giacometti	ITA
<b>Monte Rosa</b>	Gressoney	Italy	4559m	25km	2800m	4h45'00"	3h05'00"	1997	Bruno Brunod	ITA
<b>Monte Rosa</b>	Genoa	Italy	4559m	250km	5050m		16h 30'	1992	Marino Giacometti	ITA
<b>Dome de Neige</b>	Ailefroide	France	4015m	10km	5000m		2h01'00"	1999	Jean Pellissier	ITA
Dome de Neige	Ailefroide	France	4015m	16km	2500m	2h30'57"	2h00'47"	2005	Kilian Jornet	ESP

